

Update on the ONS response to COVID-19

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A message from the Internal Communications Team

Dear colleagues,

Many of you will have been understandably disappointed by the announcement over the weekend of tougher coronavirus restrictions across the whole of the UK. We know this is likely to have an impact on your festive plans to spend time with friends and family.

As we try and curb the spread of the virus and protect our health and the NHS, this latest news may make what has been a tough time even harder. But please be assured that support is available if you need it.

Our [Employee Assistance Programme](#), PAM Assist, is available 24 hours a day throughout the holiday period so please do use them if you need to, and more advice and guidance on looking after your well-being [can be found on Reggie](#). Remember you are not in this alone.

Following the decision to move Wales into Level 4 and parts of England into Tier 4, we have reviewed [our latest guidance](#) and can confirm that there are no changes from the current position. If you are working over the next couple of weeks, please work from home where you can, but you may still access the office if you cannot work remotely or have well-being needs to work onsite.

Even though we may be limited in where we can go and what we can do, please do take some time to have a break and recharge over the coming weeks.

Best wishes,

The Internal Communications Team

Feedback?

Do you have any feedback on this communication? If so, we'd love to hear it so we can make it more relevant. Please contact the [Internal Communications Team](#).